

# YOUR SOUL'S VISION QUEST

*Do you want to re-awaken and activate your awareness of your inner vision?  
Would you like to create the vision for your life's journey?*



## WHAT'S A VISION QUEST?

*A vision quest is a process of self exploration through dance & meditation  
which activates the inner wisdom that lies within.*

*Dee will take you on a journey within and assist you in tapping into your higher self where we  
find solutions to puzzles and answers to questions that help us become our best selves.*

*We will dance, journal, meditate & create the vision that you will experience by going within. You will create  
a visual art piece that you can look at daily which will assist you in the manifestation of your vision.*

*Individual & group sharing encourages the strengthening and ownership of each participant's vision*

## **TWO - ONE DAY WORKSHOPS AVAILABLE**

Just Heaven Lodge

184 Masters Road, Waiuku

[www.justheavenlodge.co.nz](http://www.justheavenlodge.co.nz)

**SATURDAY JUNE 18, 2011**

**SATURDAY JUNE 25, 2011**

**Time: 9:30am – 5pm**

**Cost: \$99.00 Materials Provided**

Lunch and afternoon tea prepared by Dee!

To reserve your place contact:

**DEE PETIT**

Mobile: 021.0244.6111

Email: [dee@sassyred.com](mailto:dee@sassyred.com)

*Limited Seating of 10 per workshop*

*Our inner worlds are the birthplaces of our hopes, dreams, and our soul's purpose.*

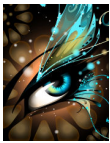
# YOUR SOUL'S VISION QUEST

---



The workshop was great and I joined the group with now expectations not really knowing what I was in for. Wow what a day! The connection with the land was great, the movement and the music was my high light ....I loved it. It took me to another place and I was so free to do as I pleased. Journaling after was most valuable as I would not have remembered this if I had not journal. Lunch was lovely and the other lady's just kindred spirits. Then the vision boards ... they capped off the day. I look at my journal and vision board now and I see so many different things... things I didn't see on the day. I highly recommend this day it was beautifully facilitated. If you want to learn more about yourself, this course will give you some insight and direction. Chris Bidois

---



I recently participated in Dee Petit's *Vision Quest Workshop*. For me this experience was deeply spiritual. I was very keen to dedicate the time to enter into an inspirational space that allowed for the expansion and expression of soul creativity. This workshop certainly encouraged and enhanced that expression. Dee honoured each individual who attended; she set the space with love and intention and led us into a time of sharing, reflection, dance and creativity. If you have the chance of participating in this workshop I believe you too will be moved and inspired. You will allow yourself the time to reflect and listen to your soul's direction. **Y Davidson, Auckland**

---



I would just like to thank you sincerely for the wonderful Vision Quest workshop you hosted recently which I thoroughly enjoyed. Right from the very start of the day, as you welcomed us with your beautiful heart, I felt I was in the right place, fully trusting & open to whatever direction you took us in. Although over the years I had participated in many workshops, I hadn't done one like this before, which had such a great balance between the spiritual, the inspirational and the practical outcome- along with lots of smiles, and laughter! It was also nice to share the time with a bunch of other women who I hadn't met before, all very different, but with the common link to yourself – that made it so easy to trust and embrace each other right from the outset and to feel comfortable together. It didn't take us any time at all to relax and share like we were all old friends. The dancing was wonderful – a beautiful way to let go, be in the moment, to move and tune in to the music, while, as you had directed us to do, become conscious of what thoughts and feelings were coming up. This was quite a high point for me- to get out of my head, into letting go and allowing my body the chance to release a lot of energy. Journaling the insights and feelings afterwards was also a perfect way to transition into putting the Vision Board together – discovering & creating a very personal and meaningful visual representation of what I want to manifest. I was really thrilled with the outcome and love looking at it, both as an affirmation and intention, but also because it reminds me of our special day...and as you may remember, I was one of the last to leave, and didn't want the day to end! Happy times, lots of love, and certainly look forward to many more to come. **Shirley, Howick**

---



Dee's vision workshop made me put time aside to do the very important thing of creating my vision. Without a vision you're going nowhere. I feel as if I have moved forward and feel focused. Dee has some great ideas around vision boards that have really worked for me. **Jeannine, Drury**